

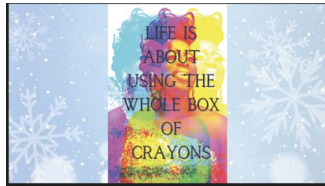


*'Improving the quality of family life'*

*Colourful lives*

In our colourful lives' assembly, we looked at how everyone lives in their own unique way and how diversity makes our lives so much richer. It's wonderful that we are all different, enjoying different things, look different and have different families. It makes us all colourful.

As an activity Sam read a book about diversity to the school and we looked at how amazing it is to be unique.



*Healthy Eating*

During Healthy Eating Week, the pupils learned about the importance of healthy eating, with a particular focus on fruits and vegetables. They explored how these foods help to keep our bodies strong and support our overall wellbeing.



Following the assembly, the children took part in a range of classroom activities to further develop their understanding of healthy food choices.

*Days Out*



**Important Reminder for Parents/Carers**



Please help us keep our records accurate and up to date. If there are any changes to your:

- Home address
- Contact telephone number
- Email address
- Medical information or medication

Please inform the school office as soon as possible.  
Thank you for your continued support and cooperation.