



'Improving the quality of family life'

# NEWSLETTER

## CONTACT INFO

**Email:** info@snowflakeschool.org.uk  
**Phone:** 0207 370 3232  
**Website:** snowflakeschool.org.uk

## IMPORTANT DATES

**Half Term:** Monday 25<sup>th</sup> May - Friday 29<sup>th</sup> May  
**Coffee Morning:** Wednesday 17<sup>th</sup> June 2026

### eSafety

#### Building Safe Online Habits

##### Create a calm, predictable online routine

Set fixed times for using tablets, games or Youtube. Use visual schedules or times so children know what to expect.

##### Use 'Safe Search' tools

Turn on Youtube kids, Google Safesearch or app-specific parental controls. Show children the 'Green Tick' websites/apps they're allowed to safely use.

##### Practice Simple Safety Rules

'If someone asks your name - Ask an adult'  
'if something makes you worried - ask an adult'  
Keep phrases short, visual and rehearsed!



### Message from Headteacher

This month has been a wonderful reminder of the strength, kindness and curiosity that our pupils bring into school each day. From exploring our Caring Communities theme to celebrating Space Day and Mental Health Awareness Month, pupils have shown enthusiasm, resilience and a growing sense of independence.

I am incredibly proud of how our pupils continue to develop their communication, confidence and emotional regulation through the rich learning experiences provided across the school. Our staff have worked thoughtfully to create calm, structured and sensory-friendly environments that help every pupil feel safe, understood and ready to learn.

Thank you to all our families for your ongoing partnership. Your support at home, whether through consistent routines, shared reading, or simply taking time to talk and connect, makes a meaningful difference to your child's wellbeing and progress.

We look forward to welcoming you to our Parent Phonics and Preparation for Adulthood Morning next month. It will be a valuable opportunity to learn more about how we support pupils' learning, communication and future independence.

As always, thank you for being part of our Snowflake School community. Together, we continue to improve the quality of family life and create a nurturing environment where every child can thrive.

We hope you all have a wonderful half term break and enjoy some well-deserved rest and family time. We look forward to welcoming everyone back ready for an exciting final stretch of term.

Warm regards,

Sumen Starr  
Headteacher, Snowflake School

### Occupational Therapy

As the days get longer and brighter, mornings can still feel overwhelming for some pupils. Sensory mornings are a great way to help children feel calm, regulated, and ready to learn before the school day begins.

#### A sensory-friendly morning routine might include:

- Low lighting or natural light
- Calm movement activities (stretching, wall pushes, yoga poses)
- Heavy work or proprioceptive input (carrying equipment, resistance activities)
- Access to sensory tools (fidgets, weighted items, chew aids)
- Reduced noise and clear, predictable routines

These strategies can support **emotional regulation, attention, and transitions.**

#### ★ OT tip for May:

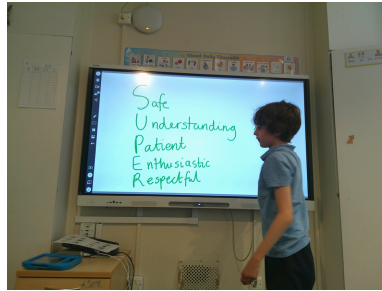
Consistency is key. Try using the *same* few calming activities each morning so pupils know what to expect and can build independence over time.



*'Improving the quality of family life'*

### Caring Communities

This term, our topic has been Caring Communities. During our class reading sessions, we have enjoyed sharing the stories Incredible You, Kindness Is My Superpower and Elmer. These books helped us explore important themes such as kindness, friendship, celebrating differences and working together. We linked our learning to the PSHE curriculum and, in Sapphire Class, the children worked together to create their own class rules poster based on the values that matter most to us, including respect, kindness and teamwork. We are very proud of the thoughtful ideas the pupils shared and the positive classroom community they continue to build each day.



### Cinco De Mayo

The pupils discovered why the celebration is important during a special assembly and listened carefully to traditional mariachi music. As part of our arts and crafts activities, the children created Mexican flags and enjoyed exploring another culture through music, creativity and dance. It was wonderful to see the pupils so engaged and enthusiastic throughout the activities.



### Flores De Mayo

Pupils engaged enthusiastically in activities linked to Flores de Mayo, exploring the celebration through creative, sensory, and cultural experiences. They participated in flower-themed arts and crafts, music, and group activities that encouraged communication, social interaction, and self-expression. Pupils enjoyed using a variety of textures, colours, and materials to create floral displays and decorations, while learning about the traditions and importance of the celebration.



### Space Day

During Space Week, pupils engaged enthusiastically in a range of exciting and sensory learning activities linked to space and planets. They explored the solar system through stories, crafts, music, and hands-on experiences, helping to develop their curiosity and understanding of the world around them. Pupils enjoyed creating rockets, identifying planets, and learning about astronauts using visual support and practical resources. The week encouraged teamwork, imagination, and confidence, allowing all pupils to participate successfully and celebrate their achievements.



### Mental Health awareness Month



Mental Health Awareness Month gives us a valuable opportunity to reflect on the importance of emotional wellbeing for both children and adults. At our school we recognise that each pupil communicates, experiences and manages their feelings in different ways.

**Small everyday actions can make positive difference to wellbeing both at school and at home.**

- Consistent routines
- Time to talk and listen
- Opportunities for movement and outdoor play
- Noticing changes in mood or behaviour.

By working together with families and carers, we can continue to build a caring community where every pupil is supported to thrive.



### Coffee Morning



We are delighted to invite you to our Parent Phonics and Preparation for Adulthood Morning on **Wednesday 17th June 2026, from 10:30am-11:30am.**

This will be a great opportunity to learn more about how we support our pupils' learning and future independence.

A letter and email will be sent with further details, including how to attend either in person or online.

### 📢 Important Reminder for Parents/Carers



Please help us keep our records accurate and up to date. If there are any changes to your:

- 🏠 Home address
- 📞 Contact telephone number
- ✉️ Email address
- 🏥 Medical information or medication

**Please inform the school office as soon as possible.**

Thank you for your continued support and cooperation.